

Story from BEAUTY >

Where New York Girls Go To Get Their Skin In Shape

US
LAST UPDATED [JANUARY 18, 2019, 5:45 PM](#)



PHOTOGRAPHED BY MARIA DEL RIO.

Finding a good facialist is kind of like finding a good partner: Most of us have to shop around a little before we settle on "the one." And, much like bad relationships, bad facials can leave us unhappy, dissatisfied, and maybe a little emotionally scarred from the experience.

For that reason, personal recommendation is easily the most desired way to book a facial: You want to make sure you're in trusted, capable hands — you know, the kind that can extract without breaking the skin, that will leave you pleasantly pink (not beet red!) after a [good peel](#), or give you the glow you want all year round.

18 OF 19



NYDG Integral Health & Wellness

The New York Dermatology Group (led by Dr. David Colbert) offers city dwellers the full experience of a Susanne Kaufmann facial without having to book a flight to Bregenz, Austria. Although the upscale wellness space offers other health therapies, like IVs and cryotherapy, it's the menu's Kaufmann offerings that have us hooked. Perhaps it's because the products are so good (each collection includes a specific recipe of botanical ingredients fit for certain skin concerns) or that the treatments are the sort of rejuvenating refresh our faces need when the season change, but either way, it's worth the splurge (and we mean *splurge* — the [Transformative Facial](#) is \$475).

[NYDG Integral Health & Wellness](#), 119 5th Avenue, 2nd Floor, (212) 352-3333.